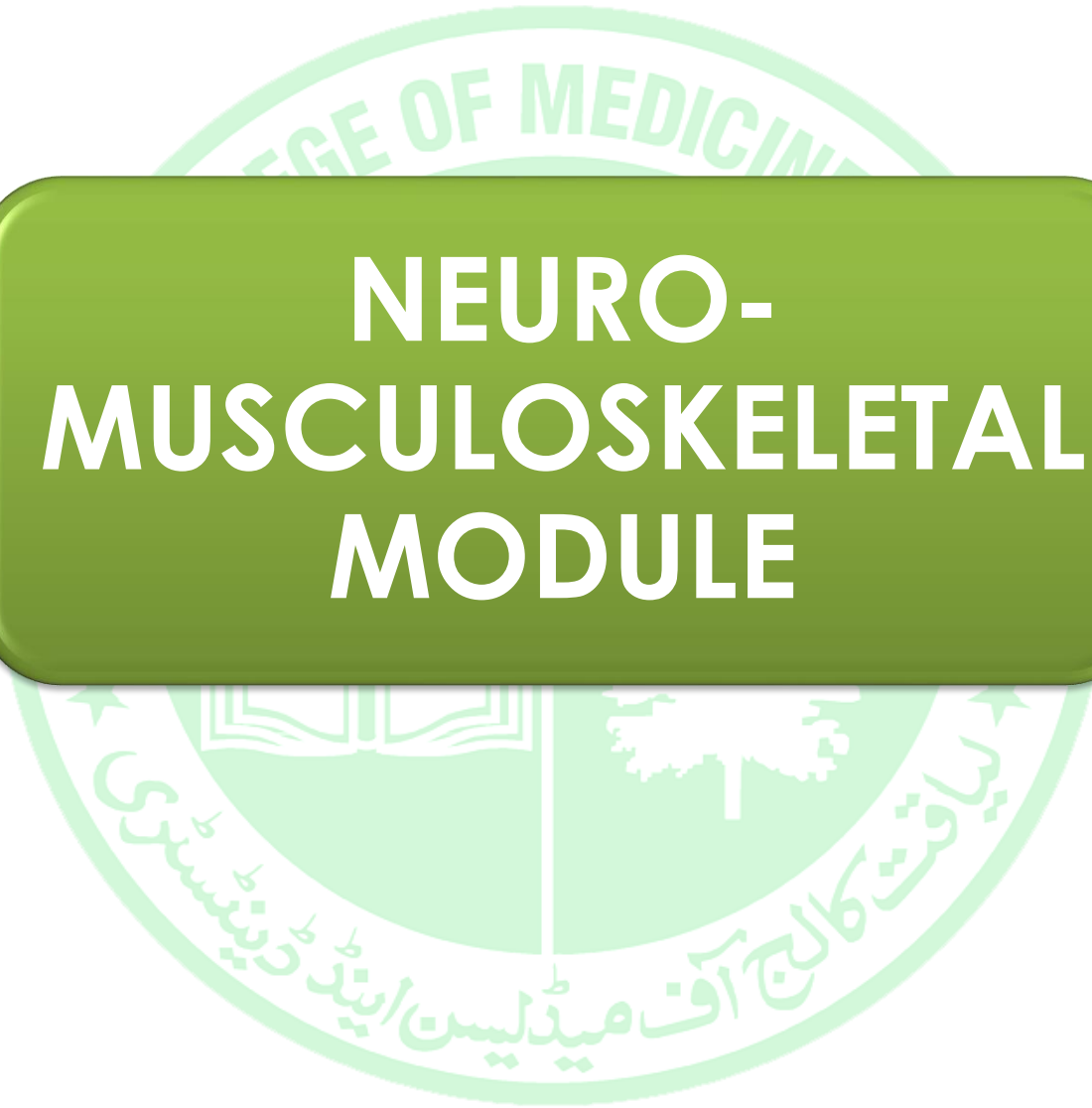




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# NEURO- MUSCULOSKELETAL MODULE





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<b>CODES</b>			
<b>Subject Name</b>		<b>Abbreviations</b>	<b>Color Codes</b>
<b>ANATOMY</b>	<b>Anatomy Lectures</b>	<b>A</b>	
	<b>General Anatomy</b>	<b>A(Gn)</b>	<b>Navy Blue</b>
	<b>Gross anatomy</b>	<b>A(Gr)</b>	<b>Black</b>
	<b>Histology</b>	<b>A(H)</b>	<b>Light Pink</b>
	<b>Neuro - Anatomy</b>	<b>A(NA)</b>	<b>Red</b>
	<b>Embryology</b>	<b>A(E)</b>	<b>Brown</b>
	<b>Histology Practical</b>	<b>A(P)</b>	<b>Light Pink</b>
<b>PHYSIOLOGY</b>	<b>Lecture</b>	<b>P</b>	<b>Green</b>
	<b>Practical</b>	<b>P(P)</b>	
<b>BIOCHEMISTRY</b>	<b>Lectures</b>	<b>B</b>	<b>Light Blue</b>
	<b>Practical</b>	<b>B(P)</b>	
<b>ORAL BIOLOGY</b>	<b>Oral Biology</b>	<b>O</b>	<b>Purple</b>
	<b>Tooth Morphology</b>	<b>T</b>	<b>Dark Pink</b>



## CONTENT

### NEURO MUSCULO SKELETAL MODULE

Subject Name		TOTAL NO: OF LECTURES	WEEK PER MODULE	MODE OF TEACHING	
ANATOMY	General Anatomy	06	04 Weeks	Lecture/ Tutorial	
	Gross Anatomy	23		Lecture/ Tutorial	
	Embryology	10		Lecture/ Tutorial	
	Practical	03		Practical	
PHYSIOLOGY	Lecture	10		Lecture/ Tutorial	
	Practical	05		Practical	
BIOCHEMISTRY	Lectures	06		Lecture/ Tutorial	
	Practical	02		Practical	
ORAL BIOLOGY	Oral Biology	12		Lecture	
	Tooth Morphology	02		Lecture	
Total		79			



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Topic	Lecture	Neuro Musculo Skeletal Learning Objectives	Learning Strategy	KSA Competencies Knowledge/ Skill/ Attitude	Assessment Tools
<b>Introduction To Head And Neck Structures</b>	NMS-A1(Gr1)	<ul style="list-style-type: none"> <li>Describe the topography of head and neck region.</li> </ul>	Lecture/Tutorial/SGD	Knowledge, Skills & Attitude	MCQ / OSPE
<b>Osteology of Skull</b>	NMS-A2-3(Gr2-3)	<ul style="list-style-type: none"> <li>Identify the bones &amp; anatomical features of 5 Normas.</li> <li>Relate the foramina with their respective contents.</li> </ul>	Flipped classroom / Tutorial	Knowledge, Skills & Attitude	MCQ / OSPE
<b>Bone</b>	NMS-A4-5(Gn1-2)	<ul style="list-style-type: none"> <li>Classify bone on the basis of shapes, development, structure &amp; region) with examples</li> <li>Compare parts of adult &amp; young long bone</li> <li>Summarize steps of bone development &amp; ossification.</li> <li>Discuss the types of cells &amp; constituents of matrix (organic &amp; inorganic).</li> <li>Differentiate: Periosteum &amp; endosteum; woven &amp; lamellar bone; spongy &amp; compact bone, with their localization in different bones.</li> </ul>	Lecture/Tutorial/SGD	Knowledge, Skills & Attitude	MCQ / OSPE
	NMS-A(P1)	<ul style="list-style-type: none"> <li>Differentiate the light microscopic features of compact and spongy bone.</li> </ul>	Practical	Knowledge	MCQ/OSPE
	O1	Explain microscopic structure of bone	Lecture/Tutorial	Knowledge	MCQ / OSPE
	O2	Differentiate amongst different bone cells (Osteoblast, Osteoclast & Osteocytes)		Knowledge (snow-ball)	MCQ / OSPE
	O3	Describe structural, functional histology of osteoblast		Knowledge	MCQ / OSPE
	O4	Describe structural, functional histology of Osteoclast		Knowledge	MCQ
O5	Explain bone remodeling process				
<b>Cartilage</b>	NMS-A6(Gn3)	<ul style="list-style-type: none"> <li>Define cartilage</li> <li>Classify on the basis of location, morphology and function.</li> <li>Describe the components and coverings (perichondrium) .</li> <li>Differentiate the 3 types histologically.</li> </ul>	Lecture	K	MCQ / OSPE



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	NMS-A(P2)	<ul style="list-style-type: none"> <li>Identify the 3 types of cartilage on the basis of their characteristic features.</li> </ul>	Practical	KSA	MCQ / OSPE
<b>Joint</b>	NMS-A7(Gn4)	<ul style="list-style-type: none"> <li>Define joint</li> <li>Classify joint with examples on structural, regional &amp; functional basis.</li> <li>Outline features of synovial joints.</li> </ul>	Lecture	Knowledge	MCQ
<b>Electrical properties of neuron</b>	P1	Discuss the distribution of ions across the plasma membrane	Interactive Lecture/ Tutorial flipped class room	Knowledge	MCQ
		Describe the structure of neuron, electrical properties of neurons and generation of RMP		Knowledge	MCQ / OSPE
<b>Resting Potential</b>	P2	Discuss how the resting potential is created & maintained across the membrane	Interactive Lecture	Knowledge	MCQ
		Discuss the importance of resting membrane potential (nerve potential & equation)		Knowledge	MCQ
<b>Action Potential &amp; propagation</b>	P3	Explain the ionic basis of Action potential generation, propagation & graded potential	Interactive Lecture	Knowledge	MCQ
		Discuss the action potential phases with graphic representation (and its ionic basis)		Knowledge	MCQ
		Discuss the properties of action potential (all or none principle & refractory period)		Knowledge	MCQ
		Discuss the propagation of action potential in both myelinated & non-myelinated nerve fibers		Knowledge	MCQ
<b>Neuromuscular Junction</b>	P4	Discuss the physiology of impulse transmission at neuromuscular Junction (NMJ) with related disorders	Interactive Lecture/ Tutorial video based learning	Knowledge	MCQ / OSPE
<b>Muscles/ Skeletal muscle</b>	P5	Describe the organizational level of skeletal muscle	Interactive Lecture	Knowledge	MCQ
		Classify muscles on the basis of function, along with the types of skeletal muscle fibers.		Knowledge	MCQ
	NMS-A8(Gn5)	<ul style="list-style-type: none"> <li>Differentiate the 3 types of muscle.</li> <li>Define: origin &amp; insertion; fast &amp; slow fiber and connective tissue coverings</li> <li>Classify skeletal muscle on the basis of architecture with examples (from H&amp;N preferably)</li> </ul>	Lecture	Knowledge	MCQ / OSPE



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	NMS-A(P3)	<ul style="list-style-type: none"> <li>Briefly describe the structural &amp; ultra-structural (T tubules, ER, myofibril, myofilaments) organization of 3 types of muscle.</li> <li>Differentiate the 3 types of muscle histologically</li> <li>Differentiate the three basic muscle types according to their histological features</li> </ul>	Practical	KSA	MCQ / OSPE
	P6	Describe the molecular (I-band & A-band) structure of skeletal muscle	Lecture/ Tutorial	Knowledge	MCQ / OSPE
	P7	Discuss the properties of skeletal muscles	Interactive Lecture	Knowledge	OSPE
	P(P)1	Explain the working of power lab system	Video based learning + Practical performance	Knowledge, Skills & Attitude	OSPE
	P(P)2	Demonstrate simple muscle twitch (SMT) from gastrocnemius sciatic preparation of frog using power lab		Knowledge, Skills & Attitude	OSPE
	P(P)3	Demonstrate the effect of two successive stimuli in nerve muscle preparation of frog using power lab		Knowledge, Skills & Attitude	OSPE
	P(P)4	Demonstrate the genesis of tetanus		Knowledge, Skills & Attitude	OSPE
	P(P)5	Demonstrate the onset of fatigue in nerve muscle preparation of frog using power lab		Knowledge, Skills & Attitude	OSPE
<b>Skeletal muscle contraction</b>	P8	Explain the excitation contraction coupling in skeletal muscle at molecular level	Interactive Lecture/ Tutorial open book test	Knowledge	MCQ
		Discuss the structure of sarcoplasmic reticulum and T tubules functions		Knowledge	MCQ
		- Define power stroke		Knowledge	MCQ
		- Discuss the role of ATP in muscle contraction		Knowledge	MCQ
		Discuss how the skeletal muscle is relaxed		Knowledge	MCQ
<b>Skeletal muscle mechanics</b>	P9	Define motor unit and motor unit recruitment	Interactive Lecture	Knowledge	MCQ
		Define the terms simple muscle twitch, summation, tetanization & fatigue		Knowledge	MCQ
		Give the differences B/W isotonic and isometric muscle contraction		Knowledge	MCQ
<b>Smooth muscle mechanism</b>	P10	List the types of smooth muscle with examples Discuss the membrane potential	Interactive Lecture	Knowledge	MCQ / Google Classroom/ Assignment



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		and action potential in smooth muscle Discuss the contractile mechanism & regulation of contraction by calcium ions in smooth muscles Discuss the nervous and hormonal control of smooth muscle contraction			
<b>3<sup>rd</sup> week of development (II)</b>	NMS-A9(E1)	<ul style="list-style-type: none"> <li>Describe gastrulation and Neurulation.</li> <li>Discuss the differentiation of mesoderm and somite formation.</li> </ul>	Lecture	K	MCQ / OSPE
<b>Derivatives of germ layers &amp; neural crest cells</b>	NMS-A10(E2)	List the derivatives of germ layers and neural crest cells.	Lecture	K	MCQ
<b>Embryonic period</b>	NMS-A11(E3)	Enlist week by week events during embryonic period.	Lecture	K	MCQ
<b>Fetal Period</b>	NMS-A12(E4)	List the main events of fetal period during each month.	Lecture	K	MCQ
<b>Fetal Membranes And Placenta</b>	NMS-A13(E5)	<ul style="list-style-type: none"> <li>List the fetal membranes</li> <li>Describe the maternal and fetal components of placenta.</li> <li>Describe briefly the amniotic fluid and its function.</li> <li>Describe the structure of placental barrier.</li> </ul>	Lecture/ Tutorial	K	MCQ
<b>Role Of Genes And Teratogens In Birth Defects</b>	NMS-A14(E6)	<ul style="list-style-type: none"> <li>Discuss the role of genes &amp; environmental factors in causation of congenital formation.</li> <li>List the teratogens producing facial, palatal &amp; oral malformation.</li> </ul>	Lecture	K	MCQ
<b>Antenatal Diagnostic Techniques</b>	NMS-A15(E7)	Discuss the most common antenatal diagnostic techniques: U/S, amniocentesis, chorion villus sampling	Lecture	K	MCQ
<b>Branchial apparatus (PHARYNGEAL APPARATUS)</b>	NMS-A16-17(E8-9)	<ul style="list-style-type: none"> <li>Define components of pharyngeal apparatus</li> <li>Describe derivatives of each component.</li> <li>Discuss the important anomalies.</li> </ul>	Lecture/ Tutorial	K	MCQ / OSPE
	O6	Discuss anatomy/derivatives of pharyngeal arches	Lecture/ Tutorial	Knowledge	MCQ / OSPE
	O7			Knowledge	



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<b>Development of, face, palate, maxilla and mandible</b>	O8	Discuss formation of face, palate and tongue		Knowledge	MCQ / OSPE
	O9-10	Interpret development of maxilla and mandible Explain age and sex-related changes in mandible		Knowledge	MCQ / OSPE
		Describe the development of TMJ		Knowledge	MCQ
<b>Anatomical Terminologies</b>	NMS-A18(Gr6)	Define: Fascia, ligaments, tendons, aponeurosis, raphe, capsule, synovial sheath and bursa.	Lecture	K	MCQ / OSPE
<b>Osteology Of The Mandible &amp; Hyoid</b>	NMS-A19(Gr4)	<ul style="list-style-type: none"> <li>Describe features and landmarks of mandible &amp; Hyoid bones.</li> <li>Discuss age related changes in mandible.</li> </ul>	Lecture/Tutorial/SGD	KSA	MCQ / OSPE
<b>Cervical Verterbra</b>	NMS-A20(Gr5)	<ul style="list-style-type: none"> <li>Describe the common features of cervical vertebra.</li> <li>Identify the typical &amp; atypical vertebra by their relevant identifying features.</li> </ul>	Lecture/Tutorial/SGD	KSA	MCQ / OSPE
<b>Cervical Joints</b>	NMS-A21(Gr6)	Describe the cervical joints with their movements.	Lecture/Tutorial	KSA	MCQ / OSPE
<b>Important Attachment Of Skull</b>	NMS-A22(Gr7)	Recall the structures attached on important parts of skull bones.	Lecture/Tutorial	KSA	MCQ / OSPE
<b>Scalp</b>	NMS-A23(Gr8)	<ul style="list-style-type: none"> <li>Discuss the associated clinical conditions associated with layers of scalp.</li> <li>Identify its neurovascular supply.</li> </ul>	Lecture	K	MCQ / OSPE
<b>Face</b>	NMS-A24(E10)	Describe formation of face from the prominences & its anomalies	Lecture/Tutorial	K	MCQ / OSPE
	NMS-A25(Gr9)	<ul style="list-style-type: none"> <li>Define its boundaries.</li> <li>Tabulate muscle &amp; their actions.</li> <li>Describe neurovascular supply, lymphatics and their clinical aspects.</li> </ul>	Lecture / Tutorial	K	MCQ / OSPE
<b>Facial growth and development</b>	O11	List the different Head and facial types	Lecture/Tutorial	Knowledge	
		Differentiate between narrow and broad facial profile		Knowledge	
		Define the terms orthognathic, Prognathic and Retrognathic		Knowledge	
	O12	Distinguish between male and female facial profile	Lecture/Tutorial	Knowledge	
		Describe the age changes taking place in a facial profile		Knowledge	
		Explain curve of occlusion		Knowledge	



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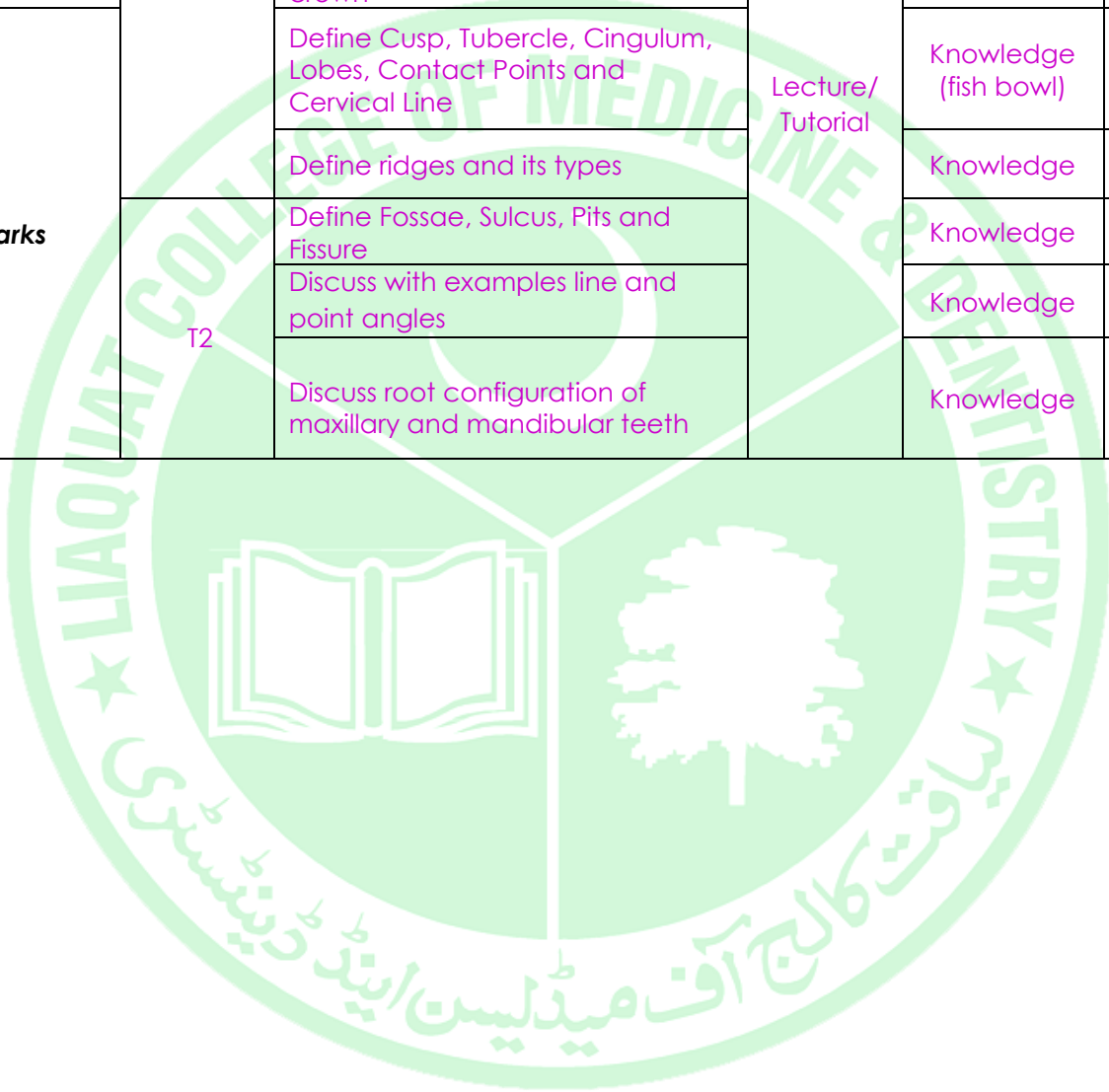
<b>Skin, Fascia And Neck Muscles</b>	NMS-A26(Gr10)	<ul style="list-style-type: none"> <li>Define the layers of neck.</li> <li>Describe the modifications of deep fascia.</li> <li>Describe contents of carotid sheath.</li> </ul>	Lecture	K	MCQ
<b>Triangles Of Neck</b>	NMS-A27-28(Gr11-12)	<ul style="list-style-type: none"> <li>Describe the boundaries of the triangles &amp; their subdivision.</li> <li>Enlist the component of each triangle.</li> <li>Describe cervical plexus.</li> <li>Discuss the clinical conditions related to them.</li> </ul>	Lecture / Tutorial	KSA	MCQ / OSPE
<b>ORBITAL BOUNDARIES &amp; CONTENTS</b>	NMS-A29(Gr13)	<ul style="list-style-type: none"> <li>Describe the bony boundaries.</li> <li>List the contents.</li> <li>Discuss the connections of Ciliary ganglion</li> </ul>	Lecture/ Tutorial	K	MCQ
				K	MCQ / OSPE
<b>EXTRA-OCULAR MUSCLES</b>	NMS-A30(Gr14)	<ul style="list-style-type: none"> <li>Identify the extra-ocular muscles.</li> <li>Discuss neurovascular supply &amp; actions of these muscles.</li> </ul>	Lecture/ Tutorial	KSA	MCQ / OSPE
<b>Lacrimal apparatus</b>	NSM-A31(Gr15)	<ul style="list-style-type: none"> <li>List components of lacrimal apparatus.</li> <li>Trace the pathway of lacrimation.</li> </ul>	Lecture	K	MCQ / OSPE
<b>Trigeminal Nerve</b>	NMS-A32(Gr16)	Explain the course, relation, branches and distribution of Trigeminal nerve.	Lecture	KSA	MCQ / OSPE
<b>Facial Nerve</b>	NMS-A33(Gr17)	Explain the course, relation, branches and distribution of Facial nerve	Lecture	KSA	MCQ / OSPE
<b>Temporal &amp; Infratemporal fossae</b>	NMS-A34(Gr18)	<ul style="list-style-type: none"> <li>Identify the boundaries of temporal and infratemporal Fossa</li> <li>Describe the contents of infratemporal fossa.</li> </ul>	Lecture/ Tutorial	KSA	MCQ / OSPE
<b>PTERYGOPALATINE FOSSA</b>	NMS-A35(Gr19)	<ul style="list-style-type: none"> <li>Discuss its boundaries &amp; communications.</li> <li>Describe maxillary artery (3rd part) &amp; maxillary nerve and connections of ganglion</li> </ul>	Lecture/ Tutorial	KSA	MCQ / OSPE
<b>TMJ AND MUSCLES OF MASTICATION</b>	NMS-A36(Gr20)	<ul style="list-style-type: none"> <li>Describe the Temporomandibular joint</li> <li>Describe the muscles of mastication, their neurovascular supply</li> <li>Discuss the movements and associated clinical conditions.</li> </ul>	Lecture/ Tutorial	KSA	MCQ / OSPE
<b>MAJOR VESSELS OF NECK</b>	NMS-A37(Gr21)	<ul style="list-style-type: none"> <li>Describe the origin and course of major arteries briefly in neck.</li> <li>List their branches in neck.</li> <li>Describe the formation and course of major veins in the neck with their tributaries.</li> </ul>	Lecture/ Tutorial	KSA	MCQ / OSPE
<b>Maxillary artery</b>	NMS-A38(Gr22)	Explain the course, relation and branches of maxillary artery and vein.	Lecture/ Tutorial	KSA	MCQ / OSPE



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<b>LYMPHATIC DRAINAGE</b>	NMS-A39(Gr23)	<ul style="list-style-type: none"> <li>Describe the lymphatic drainage of head and neck.</li> <li>Discuss its clinical significance in relation to oral structures.</li> </ul>	Lecture/Tutorial	KSA	MCQ / OSPE
<b>Surfaces of tooth</b>	T1	Identify the surfaces of Anterior and Posterior teeth		Knowledge	Quiz / Assignment
		Define the surfaces of anterior and Posterior teeth		Knowledge	Quiz / Assignment
		Define anatomical and clinical crown		Knowledge	Quiz
<b>Landmarks</b>	T1	Define Cusp, Tubercle, Cingulum, Lobes, Contact Points and Cervical Line	Lecture/Tutorial	Knowledge (fish bowl)	Quiz / Assignment
		Define ridges and its types		Knowledge	Quiz / Assignment
	T2	Define Fossae, Sulcus, Pits and Fissure		Knowledge	Quiz / Assignment
		Discuss with examples line and point angles		Knowledge	Quiz / Assignment
		Discuss root configuration of maxillary and mandibular teeth		Knowledge	Quiz / Assignment





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Topic	Lecture	Neuro Musculo Skeletal Learning Objectives	Learning Strategy	KSA Competencies Knowledge/ Skill/ Attitude	Assessment Tools
<b>ENZYMES, VITAMIN D, CALCIUM &amp; PHOSPHORUS</b>					
<b>Enzymes</b>	B1	Define enzymes. Classify enzymes according to its structure Explain the mechanism of action enzymes.	Lecture/ Tutorial	Knowledge	Quiz / Assignment
	B2	Discuss Michaelis–Menten equation		Knowledge	Quiz / Assignment
	B3	Discuss the factors affecting enzyme activity & regulation of enzyme activity		Knowledge	Quiz / Assignment
	B4	Discuss the clinical importance of enzymes in diagnosis		Knowledge	Quiz / Assignment
	B(P)1	Estimate serum Alanine Transaminase by kit method	Practical	Skill	OSPE / VIVA
	B(P)2	Estimate serum Alkaline Phosphatase by kit method		Skill	OSPE / VIVA
<b>Vitamin D</b>	B5	Discuss the structure, functions ,RDA, sources & clinical abnormalities of Vitamin D	Lecture/ Tutorial	Knowledge	
<b>Calcium &amp; Phosphorus</b>	B6	Discuss the structure, functions ,RDA, sources & clinical abnormalities of Calcium & Phosphorus		Knowledge	



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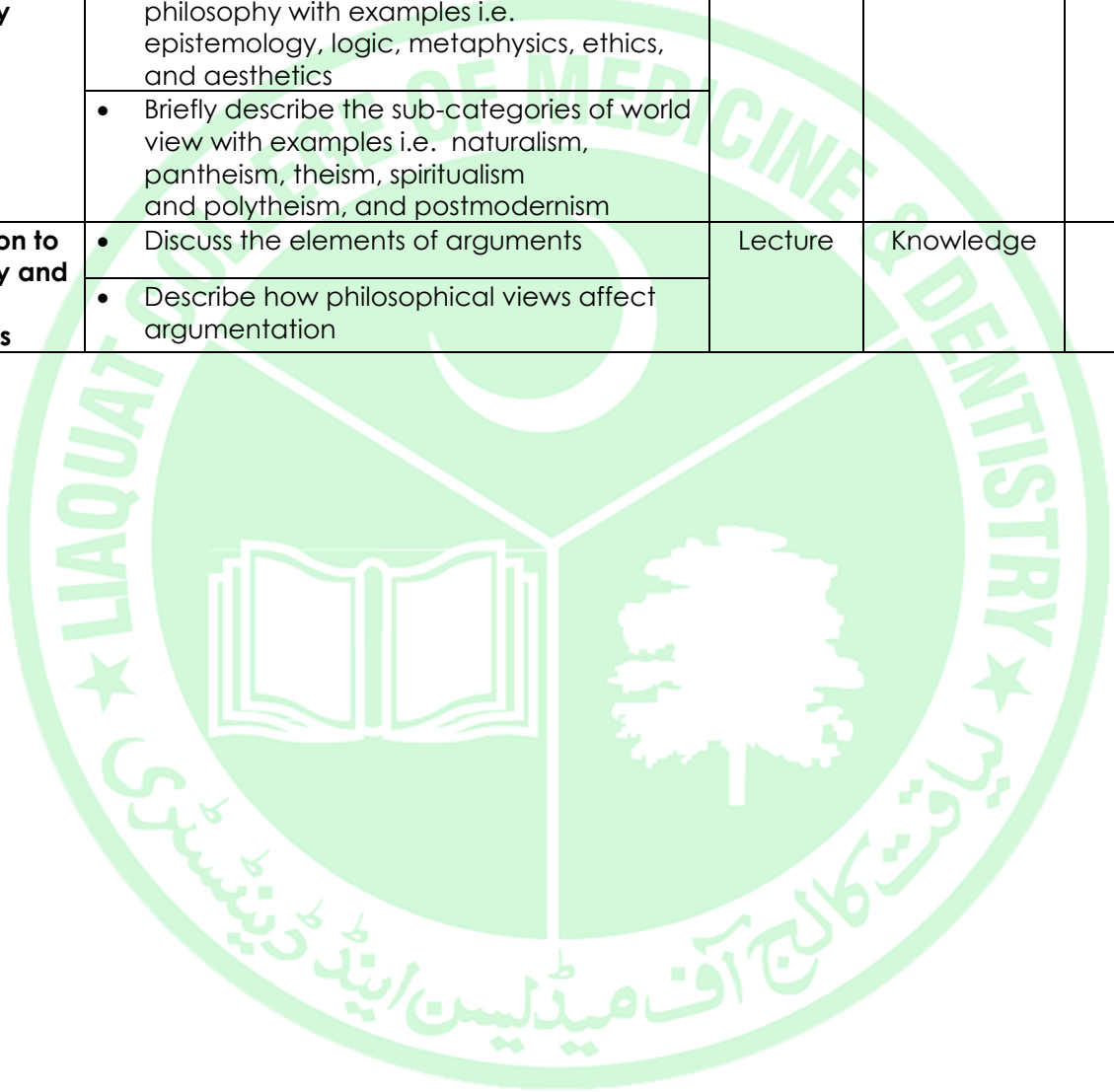
ISLAMIC STUDIES				
Topic	Objectives	Mode of Teaching	KSA Competencies Knowledge/Skill/ Attitude	Assessment Tools
		Lecture/Tutorials		
<b>INTRODUCTION TO THE HOLY QURAN</b>				
<b>Introduction To The Holy Quran</b>	<ul style="list-style-type: none"> <li>Discuss the importance of the Quran in our daily lives</li> </ul>	Lecture	Knowledge	MCQs
	<ul style="list-style-type: none"> <li>Describe briefly the history of revelation of the Quran (Prediction of Warqa bin Naufal, 1st Revelation etc).</li> </ul>	Lecture		
	<ul style="list-style-type: none"> <li>Explain how the Quran is the greatest miracle of Rasool-ullah (S.A.W).</li> </ul>			
	<ul style="list-style-type: none"> <li>Explain how the Quran was compiled in different ways in the era of:                             <ul style="list-style-type: none"> <li>Rasool-ullah (S.A.W)</li> <li>Abu Bakar ( R.A.)</li> <li>Usman Ghani (R.A.)</li> </ul> </li> </ul>			
	<ul style="list-style-type: none"> <li>Discuss the Quranic Sciences (Ulloom ul Quran):                             <ul style="list-style-type: none"> <li>Definition and differences between Makkan and Madinah verses or chapters.</li> <li>Explain the Shan e Nuzool / reasons for the revelation (Two examples)</li> </ul> </li> </ul>			
	<ul style="list-style-type: none"> <li>Differentiate between the Abrogator &amp; Abrogated verses (Nasikh &amp; Mansookh) (Two examples)</li> </ul>			



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INTRODUCTION TO ETHICS				
Topic	Objectives	Mode of Teaching	KSA Competencies Knowledge/Skill/ Attitude	Assessment Tools
		Lecture/Tutorials		
<b>Worldview and Philosophy</b>	<ul style="list-style-type: none"><li>Briefly describe the four categories of philosophy with examples i.e. epistemology, logic, metaphysics, ethics, and aesthetics</li></ul>	Lecture	Knowledge	MCQs
	<ul style="list-style-type: none"><li>Briefly describe the sub-categories of world view with examples i.e. naturalism, pantheism, theism, spiritualism and polytheism, and postmodernism</li></ul>			
<b>Introduction to Philosophy and Assessing Arguments</b>	<ul style="list-style-type: none"><li>Discuss the elements of arguments</li></ul>	Lecture	Knowledge	MCQs
	<ul style="list-style-type: none"><li>Describe how philosophical views affect argumentation</li></ul>			

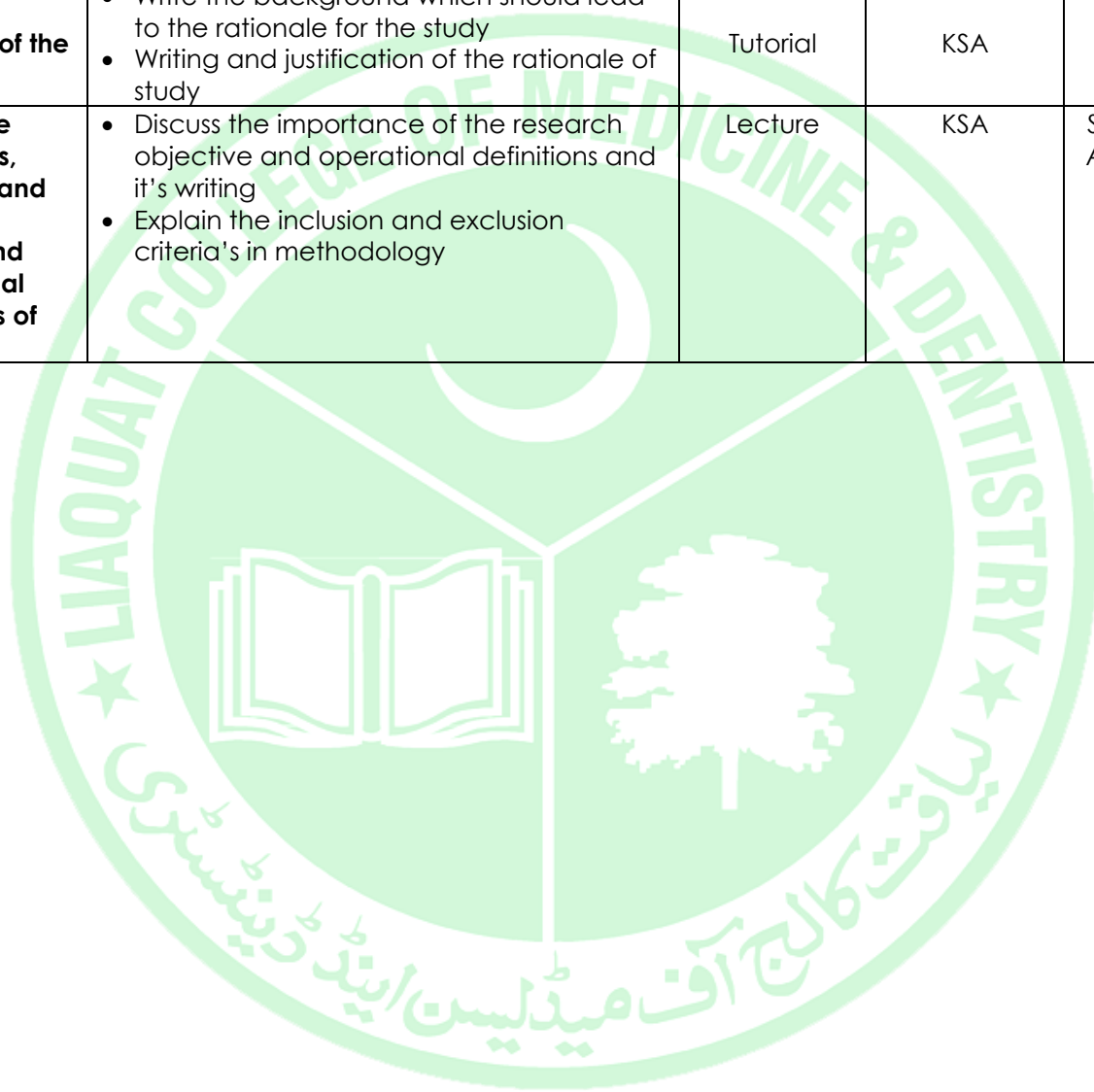




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RESEARCH				
Topic	Objectives	Learning Strategy	KSA Competencies Knowledge/ Skill/ Attitude	Assessment Tools
<b>Writing rationale of the study</b>	<ul style="list-style-type: none"><li>• Write the background which should lead to the rationale for the study</li><li>• Writing and justification of the rationale of study</li></ul>	Tutorial	KSA	Formative Group project
<b>Writing the objectives, inclusion and exclusion criteria and operational definitions of the study</b>	<ul style="list-style-type: none"><li>• Discuss the importance of the research objective and operational definitions and it's writing</li><li>• Explain the inclusion and exclusion criteria's in methodology</li></ul>	Lecture	KSA	Summative Assignment

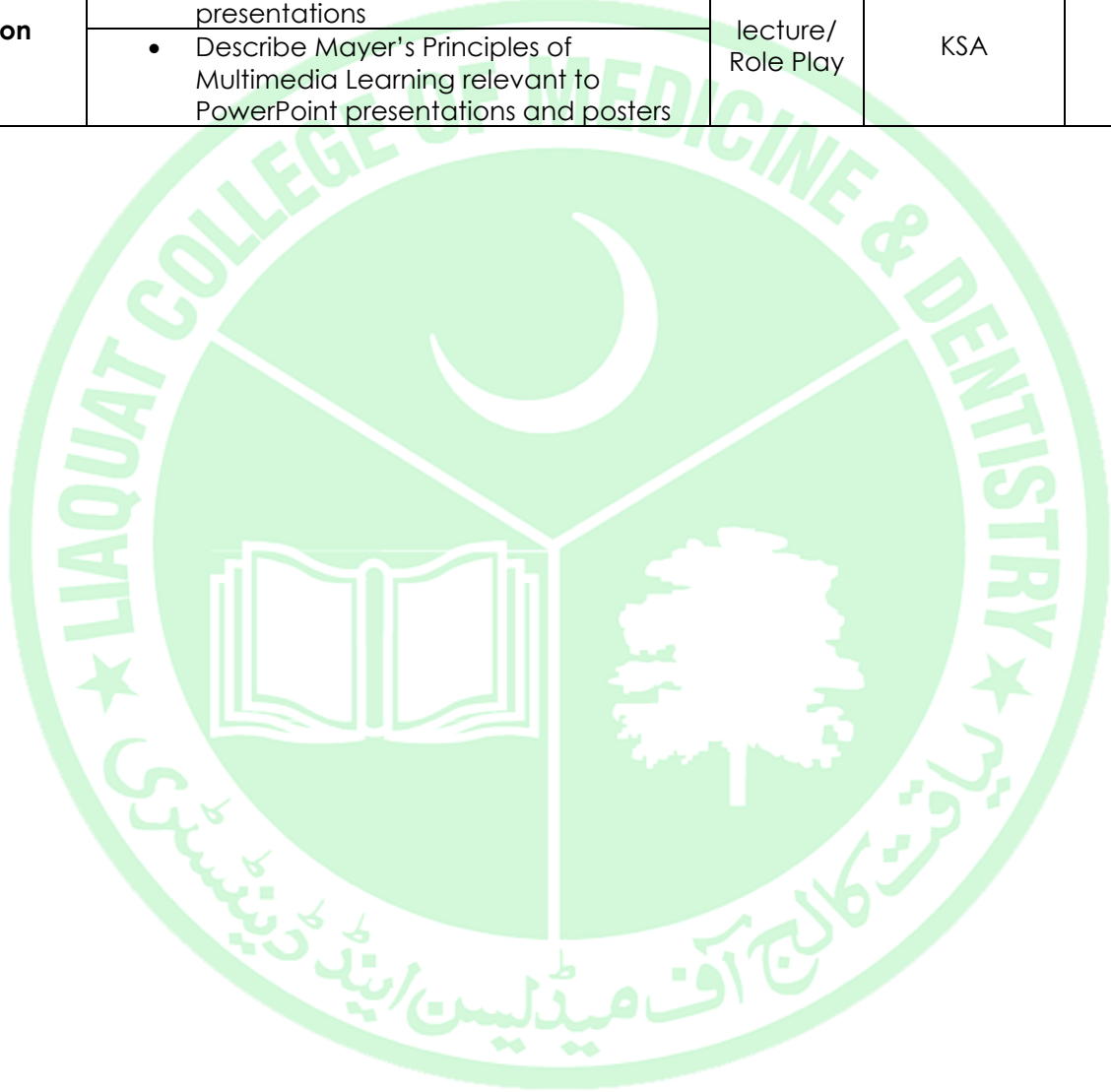




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COMMUNICATION SKILLS				
Topic	Objectives	Mode of Teaching	KSA Competencies Knowledge/Skill/ Attitude	Assessment Tools
		Lecture/Tutorials		
Presentation skills	<ul style="list-style-type: none"><li>Define the principles of effective presentations</li></ul>	lecture/ Role Play	KSA	d
	<ul style="list-style-type: none"><li>Describe Mayer's Principles of Multimedia Learning relevant to PowerPoint presentations and posters</li></ul>			





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LEADERSHIP, PROFESSIONALISM & ETHICS (LeaPE)				
Topic	Objectives	Mode of Teaching	KSA Competencies	Assessment Tools
		Lecture/ Tutorials	Knowledge/ Skill/ Attitude	
<b>LEADERSHIP</b>				
<b>Leadership theories &amp; styles</b>	<ul style="list-style-type: none"> <li>Explains the common leadership theories &amp; styles</li> </ul>	Lecture/ Small group discussion / role play	KSA	MCQs/OSPE
	<ul style="list-style-type: none"> <li>Identifies leadership style in oneself and one other person</li> </ul>			
	<ul style="list-style-type: none"> <li>Discusses the advantages and challenges in using different leadership theories according to the situation</li> </ul>			
	<ul style="list-style-type: none"> <li>Explain the major leadership theories (e.g., transformational, transactional, servant leadership, situational leadership).</li> <li>Identify different leadership styles and their characteristics.</li> <li>Analyze the advantages and limitations of each leadership style in different situations.</li> <li>Assess one's own leadership style and compare it with others.</li> </ul>			

